

CLINICAL EXCELLENCE PROGRAM

At PTSMC we improve the quality of people's lives by providing:

- *Unmatched experiences*
- *Clinical excellence*
- *Lifelong relationships*

Commitment to Clinical Excellence

We take pride in the second tenet of our mission statement to be clinically excellent. Our clinicians are committed to delivering exceptional quality care, and believe that clinical excellence is a commitment to life-long learning. Education, evidence, technology and techniques will continue to evolve. As an organization and as clinicians, PTSMC accepts and embraces this evolution through our Clinical Excellence Program.



Three Components of Clinical Excellence

The program was developed to ensure clinicians receive the appropriate training and assistance to grow personally and professionally as PTSMC employees. The program comprises three components:

1. **Development of Clinical Success (DOCS)**
2. **External Continuing Education**
3. **Accredited Orthopaedic Residency**

Meet the Director of PTSMC's Orthopaedic Residency Program Danielle Dunn, PT, DPT, MTC, OCS, CMTPT



Dr. Danielle Dunn, PT, DPT, MTC, OCS, CMTPT graduated from The College of St. Catherine with a B.S. degrees in Biology and Psychology in 2009. She earned her Doctorate of Physical Therapy in 2011 from St. Catherine University. Danielle advanced her manual therapy and clinical skills in a year-long program through Evidence in Motion, becoming a Certified Manual Therapist in 2014, and has been a Board Certified Orthopaedic Specialist

since 2015. She is a clinician in PTSMC's Wallingford clinic and is certified in trigger point dry needling & LSVT BIG for Parkinson's Disease. She also has clinical interests in pelvic health, orthopedic manual therapy and post-surgical rehabilitation. Danielle has been mentoring new graduates and teaching courses in PTSMC's Development of Clinical Success Program since 2015, and has also served as PTSMC's Clinical Excellence & Mentorship Coordinator since 2018. From its inception, Danielle has been a mentor in the residency program, as well as a faculty member.



DOCS: DEVELOPMENT OF CLINICAL SUCCESS

Clinicians new to PTSMC with less than 5 years of prior clinical experience are required to complete the DOCS Program within their first 2 years of employment. There are two components of this program designed to provide clinical education hours through internal courses, and receive mentoring in the clinic from experienced clinicians.

Internal Courses

Clinicians in the DOCS program will attend 7 courses. Though a requirement for clinicians in the DOCS Program, these courses are also open to all PTSMC clinicians. The courses are taught in-house by highly experienced and credentialed PTSMC clinicians.

The following 7 courses are rotated on a 2 year cycle:

- **Return to Sport**
- **Upper Extremity**
- **Lower Extremity**
- **Concussion & Vestibular**
- **Cervical Thoracic**
- **Lumbar**
- **TNE: Therapeutic Neuroscience Education**

Clinical Mentorship

Similar to physical therapy fellowship and residency programs, clinicians in the DOCS Program receive mentorship support from our experienced physical therapists. Completion of 6 one-on-one mentoring sessions occurs in the first year of the DOCS Program, with the opportunity to continue mentorship for up to 12 sessions.

The mentorship support helps clinicians with their clinical reasoning process, improves clinical pattern recognition and allows clinicians to become more confident, efficient and effective faster than clinicians who have not received this training.

Additionally, supplemental to the program, clinicians participate in a monthly case discussion and journal club.



External Courses

PTSMC financially supports clinicians for their continuing education requirements and pursuit of clinical interests and specialization. We also host PTSMC-sponsored courses, in which experts are brought in-house at negotiated rates to provide clinicians with easier access to areas of interest.



Orthopaedic Residency Program

PTSMC earned accreditation as a residency program through the American Board of Physical Therapy Residency and Fellowship Education (ABPTRFE) in 2019, establishing itself as one of nine residency programs in New England - and one of only three to specialize in orthopaedics. This is a one-year clinical residency focused on providing residents with the knowledge, skills and clinical reasoning capabilities to function at the "top of their license" as well as at the top of the physical therapy profession.

Leadership & Management Development Program

Following the year long clinical residency, Residents participate in the Leadership Management Development Program (LMDP) to develop skills and train future clinic Partners, Directors and leaders in the business of physical therapy. The LMDP sessions cover such topics as understanding financial reports, clinic operations, management, and employee development. Select individuals that have aspirations for clinic ownership or a formal leadership role are chosen to participate in this program.

Learn more at:

www.PTSMC.com